

LINCOLNSHIRE
TRAINING HUB
Primary Care Education

Supporting Mentors Scheme

What is the Supporting Mentors scheme?

The supporting mentors scheme is a nationally funded scheme expected to last 2-3 years. It is aimed at retaining experienced GPs and supporting junior GPs through mentoring. It offers experienced GPs a portfolio working opportunity and a chance to develop mentoring training and skills, whilst offering less experienced GPs support to embed into the local primary care landscape.



Who can apply to become a mentor for the scheme?

- GP Partners or Salaried GPs working at least three clinical sessions per week and intending to conduct up to one additional session of mentoring per week
- GPs who have experience in leadership roles, medical education, or are currently a GP partner
- Applicants must hold full registration and a licence to practise with the General Medical Council (GMC), must meet the requirements for remaining on the NHS England GP Performers List and report to NHS England any concerns that might affect their status on the National Medical Performers List. Applicants must not be subject to interim suspension under section 41A of the Medical Act 1983.



What does the role of mentor involve?

- Mentoring New To Practice GP fellows on a monthly basis for 1 hour.
- Mentoring less experienced GPs, who are not fellows but request support. The duration and frequency of this mentoring can be mutually agreed as per need.
- Undertaking training as organised by the Lincolnshire training hub (LTH), this may include, but is not limited to, locally arranged mentoring training, ILM 5 accredited mentoring and coaching qualification, and / or an equivalent educational qualification as agreed with LTH.
- Active participation in peer support and learning, as well as feedback and quality assurance, on a regular basis.
- Mentors are expected to support 4-6 mentees.



How will we support you?

The Lincolnshire training hub are here to help and support mentors in any way we can. This includes, but is not limited to:

- A bespoke Mentoring and Coaching course to help you get started while awaiting your ILM5 or equivalent course.
- Monthly review sessions where you can debrief, feedback and seek support from peers.
- Whatsapp group with other mentors where you can also seek support and guidance.
- Named lead for any concerns or queries that arise.



What does the ILM 5 Coaching and Mentoring qualification involve?

Whilst different organisations offer the ILM 5 certificate in differing ways, the qualification usually includes 3- 5 days of teaching and 3 assignments: an essay, a mentoring portfolio of at least 18 hours of mentoring, and reflective work.



Do I have to undertake the ILM 5 certificate?

Whilst the ILM 5 Coaching and Mentoring qualification has been recommended by NHSE, there is flexibility to undertake other equivalent qualifications for those who wish to do so. Mentors should discuss desired courses with LTH to ensure they are suitable to receive funding.



What is the time commitment required to be a Mentor?

While time invested may vary week on week, the average number of sessions worked over the course of the year should be a maximum of 1 session per week. This will include time to undertake mentoring, training, feedback and any other activity relevant to the mentoring role. Mentors will be responsible for managing their own time.



Are the weekly mentoring sessions fixed?

No. The timings of mentoring sessions are flexible to suit around mentor and mentee commitments and availability. The training, feedback and quality assurance sessions may be held at fixed times, with prior notice.





How do I apply to be a mentor?

If you would like to apply to become a mentor, please complete the [Application Form](#) and return to kate.berry3@nhs.net.

All applications will be considered by the LTH team, and successful applicants will be contacted, and may be invited for an interview prior to commencing the role.



How much will I get paid?

Mentors are paid £289 per session for a maximum of one session per week. This can be claimed via the employing practice or invoiced to LTH by the individual.



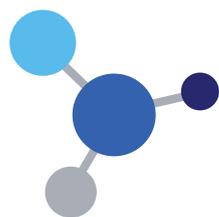
How long do I have to commit to being a Mentor for?

Mentors are expected to commit to a minimum period of one year, except for in exceptional circumstances. Those who leave prior to the minimum period, and are not granted an exemption, may be liable for the costs of training undertaken.



How do I get a mentor?

If you are interested in being mentored then please contact Dr Kate Berry (LTH mentoring project lead): kate.berry3@nhs.net



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Email: contact@lincolnshiretraininghub.nhs.uk Website: www.lincolnshiretraininghub.nhs.uk

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