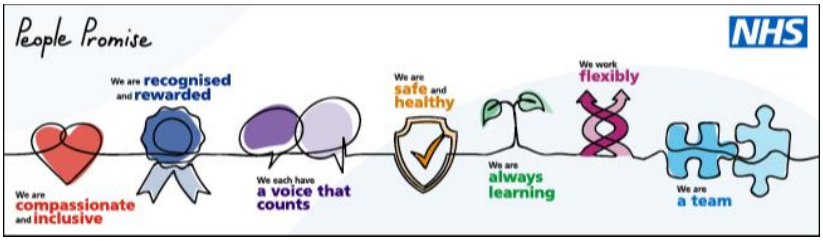
PRIMARY CARE PEOPLE GROUP



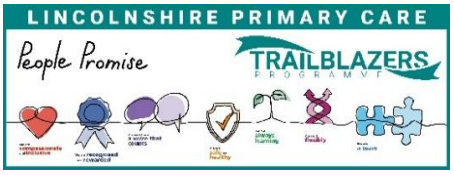
Welcome to your NHS People Promise October Update Bulletin

The NHS People Promise is a national initiative that seeks to improve staff experience of working in the NHS. The themes and words that make up the People Promise have come from NHS staff in all roles and at all levels via staff surveys and listening exercises.

More information about the NHS People Promise can be found here: [NHS England » Our NHS People Promise.]

We Are a Team

People Promise Trailblazers Programme



Congratulations to Boultham Park Medical Practice, our latest practice to achieve our People Promise Gold award!

Want to know how they did it? Click on the link to read their story and discover the steps they took to reach Gold.

Boultham Park Medical Practice achie

LINCOLNSHIRE TRAINING HUB Primary Care Education

lincolnshire lmc

NHS Lincolnshire Integrated Care Board

Lincolnshire Primary Care Network Alliance

NHS England

One Workforce Lincolnshire ICS

Lincolnshire County Council Working for a better future

Lincolnshire Local Dental Committee

Lincolnshire LOC

Community Pharmacy Lincolnshire

CONTACT US

licb.pcwt@nhs.net

If you would like to know more about the People Promise and the Trailblazers programme, contact Helen Ashwell for details Helen.ashwell2@nhs.net

LPC_NHS People Promise Trailblazer Pr

We Are Safe and Healthy

Staff Health and Wellbeing Champions Community of Practice Network

The NHS People Plan outlines the ambition to enable NHS organisations to create cultures of wellbeing across their organisations through encouraging wellbeing conversations and the introduction of networks of health and wellbeing champions.

Our last Staff Health and Wellbeing Champion Community of Practice meeting took place on 9 September, where discussion themes included benefits for managers and staff of working with the Health Passport, alongside 1-1s and appraisals, understanding staff support services available to staff and positive role modelling in the role of Staff Health and Wellbeing Champion.

Our next Community of Practice session is on Wednesday 14 October, 11am to 12pm.

If you are interested in attending and/or becoming a Staff Health and Wellbeing Champion for your practice or service, please contact Helen via the email address below.

We Are Safe and Healthy

Winter Preparedness – Supporting the Health and Wellbeing of our Staff

Temporary Staffing Support for Primary Care

Chris Scard – Wider Workforce Lead (Lincs ICS) is available during normal office hours to assist with any temporary staffing/ locum queries, and can help with finding agencies, rate negotiations, compliance, and legal matters for all types of temporary worker whether bank or agency.
You can contact him at: Chris.scard@nhs.net or 07583 131239

Lincolnshire Training Hub Enhanced Primary Care Health and Wellbeing Offer

Self-care is important. We recognise that the last few years have brought unprecedented challenges which have inevitably affected many people's health and wellbeing. Lincolnshire Training Hub has collated an enhanced Primary Care health and wellbeing offer with system-wide services and resources to help you as valued members of the Primary Care workforce. The offer includes health and wellbeing apps, workshops, helplines, podcasts and more.

For further details, go to: Health & Wellbeing - Lincolnshire Training Hub

STAY STRONG.GET VACCINATED

Each winter, the NHS experiences increased pressure due to the circulation of seasonal viruses that can make people very unwell.

Protect yourself, your patients, and your colleagues this winter. Get your flu vaccination as soon as you're offered it.

• Vaccination is the best protection against flu, which kills thousands each year.

• Frontline healthcare workers may be more likely to be exposed to flu
• The flu vaccine will help protect others who are at higher risk of getting seriously ill from flu, such as babies, people living with immunosuppression, anyone who's pregnant and older people.
• Getting vaccinated helps maintain essential services during winter pressures. • Side effects are mild and short-lived compared to flu illness.
• Anyone can carry and spread flu without symptoms.

Last winter, modelling indicated that in England, the vaccination programme prevented an estimated 104,000 hospital admissions and 7,100 deaths.

For more information, please click here Frontline Healthcare Worker Flu Vaccination Toolkit 2026/27 **for the latest NHSE winter vaccination toolkit**

Local Medical Committee (LMC) – Supportive Wellbeing Services for Staff

1. **Library of wellbeing and support resources** on our website that anyone can access - https://www.lincslmc.co.uk/wellbeing-and-support/ this includes articles on our six ways to wellbeing. There are also podcast episodes and articles about preventing burnout as well as relevant service directories for both clinical and non-clinical staff.

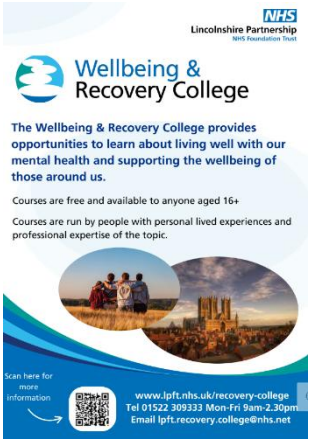
2. **Take-30 Phone Support Service**: Lincolnshire General Practice Staff can call 01522 576659 or email info@lincslmc.co.uk to request a Take-30 call. A trained mentor will then contact the individual (usually within 24 working hours between 10am and 4pm) to have a confidential conversation. This free service is to support individuals deal with everyday challenges and to let off steam before it becomes a bigger issue. It does not need to be about work, people can discuss anything during a one-off conversation with a trained mentor intended to provide support.

3. **Impact Lincs Mentoring Service**: This service includes an initial triage session followed by up to four sessions in a twelve-month period. It is offered to all Lincolnshire Practice Staff for free and to the wider primary care community (or out of area practice staff) for a small fee. This service is aimed at supporting an individual to make positive improvements or a change in their life or work. This could be, work/ life balance, building confidence, improve resilience, work towards aspirations, positively manage transitions, etc. To request this service people can email info@lincslmc.co.uk

***Neither Take-30 or Impact Lincs are emergency services, if you need to speak with someone urgently, please call NHS 111 service or the Samaritans 0116 123 (24hrs). Also, GPs can contact the BMA support service can be contacted on 0330 123 1245 (24hrs).**

Information about all our support services can be found on our website https://www.lincslmc.co.uk/wellbeing-and-support/

Wellbeing and Recovery College



The Lincolnshire Wellbeing and Recovery College provides free educational courses focused on mental health and wellbeing. The College provides a safe space for those wanting to learn about improving wellbeing and living well with mental health.

What we offer
All courses focus on empowerment, self-management and fostering a sense of hope, control and opportunity. They are created by people with their own lived experience of mental health challenges alongside healthcare professionals. Students gain an understanding of mental health, support recovery, gain skills and strategies to live well, and make connections with others. Courses are available both in person across Lincolnshire and online.

Who can attend
Anyone aged 16 or over can register, everyone is welcome. You may want help to improve and manage your own mental health, or you may be a family member, friend, member of the public, carer, or healthcare professional wanting to increase your understanding to support someone else.

For more information click here Recovery College and see the Autumn Timetable below . If you would like to speak to a member of the Wellbeing and Recovery College team, please contact them here: lpft.recovery.college@nhs.net

PDF
Autumn timetable 2026 - Wellbeing & R

We Are Compassionate and Inclusive

Connected Cultures

The One Lincolnshire Connected Cultures network is for Race, Ethnicity and Cultural Heritage staff and volunteers. Allies are also welcome.

Please watch the video of the chair of the network Yuen Toh, talking about "The Importance of Networks and why to join".

Please join us at our next meeting:

16 December 12.30-13.30

If you would like to join or more information about Connected Cultures, please contact Yuen Toh: yuen.toh@nhs.net

The Newly Launched NHS Leadership and Management Framework

The newly launched NHS England Leadership and Management Framework provides a shared approach to developing confident and compassionate leaders and managers, helping our teams thrive and supporting us to deliver the best possible care for our patients. **Explore your leadership and management journey**: Click here NHS England » NHS Leadership and Management Framework for more information and to complete the self-assessment for aspiring and existing leaders and managers.

Your Thoughts and Ideas

We would love to hear from you about the great things you are doing in your practices, PCNs and services that align to one, some or all of the 7 elements of the NHS People Promise. Please contact Helen via the email address below. Similarly, if you have any feedback on this bulletin, or suggestions for improvement, please do let us know.

PRIMARY CARE PEOPLE GROUP

Helen

Helen Ashwell - Helen.ashwell2@nhs.net